



SPRING 2022

Newsletter



DEAR FRIENDS OF HOLF,

Let us begin by thanking God for the new year of 2022. We continue to trust for His guidance and sustenance so that we can continue to carry out the HOLF mission to provide loving service and care for the most vulnerable members of society. He is the constant source of our joy and hope and we thank you for journeying with us.

Although there have been unexpected challenges along the way, including the current outbreak of Omicron, we are reminded to be joyful in the face of adversity. We are learning to tap into our sometimes hidden resources so that we can provide different channels of education and connection for our residents such as zoom meet ups and activities.

We are delighted to keep you up to date on the developments in the home.

We are moving forwards towards creating our sensory garden for our residents, staff and guests to enjoy. We will soon be ready to start the fun part of creating different areas using the plants that were generously donated by the Kadoorie Botanical Gardens.

We are tentatively hopeful that we will be able to move our residents to the newly renovated block C in Summer when we have received the final stamp of approval from the SWD.



“For we are God’s workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do “.

Ephesians 2:10



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(The Home of Loving Faithfulness holds a valid licence issued by the Social Welfare Department as a "Registered Care Home for Persons with Disabilities")

We are beginning to create some plant displays that will be accessible to both our residents in wheelchairs and those that can move around freely. These will encourage the use of all of the senses.



Activities and Enjoyments

LUNA NEW YEAR special soft meals look and taste good! No one is scared of the dragon!!

Fa Fa and Hephzibah celebrate their birthdays with cake, singing and feeling special.



Pastor Curtis Jones and Mei Lin leading our Virtual Online Worship service



Spending time in the fresh air each day is good for the soul.

Just chilling!!

Fung tai is working her arm muscles playing basketball.

Blowing bubbles is great way to keep the lungs strong and healthy. It's also fun!



Tak Tak is taking a stroll and relaxing.



Hephzibah loves to throw the balls around and picking them. This is a great way to keep those core stability muscles strong.



Siu Yan loves to keep busy and help with chores around the home. Folding the cloths is her daily responsibility and she takes it very seriously!



Ka Lok and Pui Ling are both very well coordinated on both the indoor and pedal bikes. Good for the mind as well as the body!!



Message from the Trustees

It's such a blessing in Spring to see new life. So many joys that come from seeing new buds, flowers, leaves and a freshness in the air before the HK summer humidity sets in.

The last quarter has been especially challenging for all in HK and for us as the HOLF family. Residents stuck at home. Visitors not permitted. News of war and pestilence that continues to stress. A shortage of staff here at HOLF and for many homes as we all struggle to retain or recruit people needed to care for our and their special residents.

However, there have also been joys and miracles.

Over a month ago one of our residents needed to go to hospital for a particular medical procedure. Waiting in the hospital for four or five hours before being seen then resulted in a positive Covid result for her and a staff member who went with her. The resident was immediately isolated. The staff member sent home to self-isolate.

What a blessing the following day to find that our resident tested negative and could be sent home! Hallelujah! This was so amazing and such an answer to prayer as the resident concerned cannot speak and would have been quite terrified to be isolated for such a long period of time in hospital.

The staff member who had tested negative that morning (as everyone did before going to hospital with our resident that day) remained positive for about a week and then able to return to work. We are so grateful to her for her patience in enduring the uncertainties which befall those who test positive. This is a great fear for so many.

Thankfully, our residents have so far remained safe and without Covid. This has not been the case for so many homes for the elderly and disabled where, as you will have read, many have lost their lives and in such difficult circumstances away from family.

Meanwhile, we give thanks to God for our staff who have been working phenomenally hard and with no respite. We give special thanks for our lead social worker, Alan, who will be leaving us later in April as he and the family relocate to England. Alan has blessed us in so many ways with his dedication in creating individual care plans for each resident, preparing newsletters like this, helping to be a home manager and caring for our residents and staff. Please join us in wishing him every blessing as he and family move overseas.

We are also most grateful to you all for your continued support. Your messages of encouragement really help us as we battle through each day not knowing what the day will bring. Thankfully, we know that whatever happens we have a loving Lord who walks with us, guides us and encourages us.

This is also the season of Lent as we prepare for Easter and turn our eyes to the journey that Jesus took... a stressful journey of faithful obedience...even to death on the cross. A painful and humiliating death. Thankfully, there is hope and joy that comes knowing that we can celebrate the risen Lord at Easter and forever.

We therefore take this opportunity to wish you a happy Easter and the blessing of His resurrection power which brings encouragement and hope as we trust that somehow God will bring us through these challenging times.

Over Easter, we hope that you find opportunities to rest, to exercise, to keep an attitude of gratitude and focus on the beauty of God's creation as we celebrate new life and His risen life and an eternal life with Him.

May we end by encouraging you to find online the full version of wonderful Easter song:

*How deep the Father's love for us
How vast beyond all measure
That He should give His only Son
To make a wretch His treasure....
Behold the man upon a cross
My sin upon His shoulders...
.....It was my sin that held Him there
Until it was accomplished
His dying breath has brought me life...
...But this I know with all my heart
His wounds have paid my ransom.*

Hallelujah...and many blessings for a happy Easter!

The trustees Andrew MacGeoch, David Chui, Gretchen Ryan, Jennifer Fong and Ping-kwong Tang

