



David Defeats Goliath

1 Samuel 17:1-50

How first- and second-graders feel about themselves relates directly to their capabilities. At this age of developing and building new skills, be sure to applaud each mini-milestone in the children’s lives. Then pray with each child, thanking God for growing with him or her and rejoicing in God for helping us to be patient as we grow and learn in him.



► Bible Point



God can help us all do great things.

Key Verse

“I can do everything through him who gives me strength” (Philippians 4:13).

Weaving Faith Into Life

Children will ask God to help them do great things.

LESSON	WHAT CHILDREN DO	SUPPLIES	EASY PREP
1 Getting Started	What’s My Giant? <i>(about 10 min.)</i> Guess one another’s fears, and learn the Key Verse.	Bible	
2 Bible Exploration	The Giant Giant <i>(about 10 min.)</i> Participate in the Bible story to see how David might have felt facing Goliath.	Bible, My Bible Fun, markers, crayons Teacher Pack: Bible Timeline 	Tear out the Lesson 10 pages from each My Bible Fun student book.
	The Lord Is My Rock <i>(about 15 min.)</i> Discover how God gives us strength, as he did David, and play a fun game.	Bible, five 1-inch cardboard circles per child, colored markers, permanent marker, scrap paper Teacher Pack: “Goliath” poster 	

Bold text within the lesson is spoken text.



LESSON	WHAT CHILDREN DO	SUPPLIES	EASY PREP
3 Weaving Faith Into Life	Praise Pouches <i>(about 10 min.)</i> Make pouches to remind them that God gives them strength.	paper plates, stapler, hole punch, yarn, markers, crayons, CD player Teacher Pack: CD	
	Down With One Throw! <i>(about 10 min.)</i> Learn the Key Verse, and determine “giants” that hold them back from doing great things for God.	My Bible Fun, colored markers, crayons	
4 Lasting Impressions	Daily Challenges <i>(about 5 min.)</i> Choose a Daily Challenge to apply God’s Word.	My Bible Fun	
	Weaving Faith at Home <i>(about 2 min.)</i> Talk about how to share what they learned with their families.		

Bold text within the lesson is spoken text.



What's My Giant? Supplies

Bible

1 GETTING STARTED

What's My Giant?

What You'll Do ■■■■■■

Welcome kids warmly as they arrive, and ask them how their week went.

Gather everyone together.

Ask:

- How many of you can think of a story or movie that has a giant in it?
- What did the giant look like?

Say: **How many of you knew before you came here today that each one of you has a pet giant? That's right! A big, scary thing you're afraid of. I know I have one! In fact, I'm going to act out what my giant fear is, and you're going to have to guess what it is!**

Act out some type of fear you may have, such as running from a barking dog or being afraid of lightning. When children have guessed your fear, take a few moments for children to discuss some fears they may have. Then choose volunteers to take turns acting out different fears for the rest of the class to guess.

Say: **Each one of us has something we're afraid of that might keep us from giving our best to God. Maybe we're afraid to talk to the new kid at school because we're afraid our old friends will laugh at us. Or maybe we're afraid of singing a solo in a church program. There's always something that tries to hold us back. But did you know that we don't ever have to be afraid? That's right—we can give our fears to Jesus, and he will make us strong! Our Key Verse tells us exactly what happens when we give our fears to God.**

Open your Bible to Philippians 4:13, and show kids the verse. Then read aloud: **"I can do everything through him who gives me strength" (Philippians 4:13).** Have kids repeat the Key Verse with you several times.

Talk With Kids ■■■■

Lead children in this discussion.

Ask:

- According to this passage, who can give you strength?
- What does this verse say you can do through Jesus?

Say: **Having faith in Jesus gives us strength. God will always be with us, no matter how big our fears may be. Today's Bible story tells us how God showed little David exactly how to face his giant and helped David do the impossible. God is bigger**





than any giant! As you hear today's story, we'll learn that ► **GOD CAN HELP US ALL DO GREAT THINGS.**



2 BIBLE
EXPLORATION

The Giant Giant

What You'll Do ■■■■■■

Show the "David Defeats Goliath" section of the Bible Timeline. Say: **The Philistines and the Israelites were fighting. And even though the Philistines were huge enemies by themselves, they also had a secret weapon on their side—a giant named Goliath.**

Open your Bible to 1 Samuel 17:4-11, and read the passage aloud.

Ask:

- **What do you think the Israelites thought about Goliath?**
- **What is something you're afraid of that seems as big as Goliath to you?**

Set out markers and crayons for kids to share. Have kids turn to the "Giant Fear" activity in today's My Bible Fun pages. Have each child write or draw his or her fear on Goliath's shield. Then have kids form pairs to show their pictures to their partners. Let volunteers share their pictures with the rest of the class.

Say: **Today we'll learn about a time David could have been too afraid to do something great for God. But God gave David strength, just as our Key Verse says! David was a shepherd boy. Not very tall. Not very muscular. He was just a little brother to three of the bigger soldiers in this war. Each day, David went back and forth from the Israelite army to take care of his father's sheep in Bethlehem.**

Choose one child to stand up front and be Goliath.

Say: **Now, one day, David came to check on his brothers and bring them some food just as the Israelites were going to the battle line again.**

Choose one child to be David, squatting down low to represent how small David was.

Say: **David heard Goliath begin to shout again, "Come out! Come out! Wherever you are!"** Lead "Goliath" in shouting the phrase. **No, no, no—Goliath was a giant! That means he was bigger and sounded much, much louder than that.** Choose another child to come up and link arms with the first person. Have both children repeat the Goliath shout together.

The Giant Giant Supplies

- Bible
- My Bible Fun markers
- crayons
- Teacher Pack**
- Bible Timeline

The Giant Giant Easy Prep

Tear out the Lesson 10 pages from each My Bible Fun student book.





Ask:

- **What do you think? Did that sound like a giant?**

Say: **I think we're going to need some more people to make a giant sound like Goliath! This guy was huge!** Have half the class go over to the Goliath side and link arms with the other "giants" there. Lead them in shouting together again. **I still don't know. That was pretty close...but I think to experience the full impact of what these Israelites were facing, we're going to need more people to help make the giant.** Have the rest of the class, except for David, join the Goliath side, linking arms together. Lead them in shouting together again.

Now, that's a giant! As the rest of the Israelites were trembling in fear at the sound of this giant's voice, little David went up to his three brothers and said, "Huh— what's all that noise about?" He started talking with some of the Israelites nearby who were trembling with fear.

Read aloud 1 Samuel 17:23-27.

Say: **David said, "This is just crazy! I'm going to fight Goliath myself."** Have David repeat the phrase. Read aloud 1 Samuel 17:33-37.

Ask:

- **How would you feel if you were David and had to face this horrible giant?**

Say: **David set out to fight Goliath. As we read earlier, Goliath had heavy armor protecting him, and he carried a sword, a spear, and a javelin. Let's make a craft to help us learn what David chose as his weapon.**

The Lord Is My Rock

What You'll Do ■■■■■■

Open your Bible to 1 Samuel 17:38-40, and read the passage aloud. Then hand each child five 1-inch cardboard circles to use as stones. Set out colored markers.

Say: **So there David was. No weapons. No armor. Just five stones. But David was not afraid because he knew what we are learning in today's Key Verse.**

Lead children in reciting today's Key Verse with you: **"I can do everything through him who gives me strength" (Philippians 4:13).** Point to the Key Verse at the top of the "Goliath" poster from the Teacher Pack, and show children the Key Verse words. Then have children brainstorm a list of "weapons" God gives us to make us strong. Elicit words such as faith, prayer, Bible, God, and Jesus. Use a permanent marker to write the kids' ideas on the poster. Then have kids each choose the words they feel help them personally to be strong, and let kids write one word on each of their stones. Remind children to look at the poster for spelling, and assist any child who is having difficulty.

The Lord Is My Rock Supplies

Bible

five 1-inch cardboard

circles per child

colored markers

permanent marker

scrap paper

Teacher Pack

"Goliath" poster





Say: **God gives us many weapons we can use against great big fears or worries, allowing us to do great big things for God!**

Ask:

- **Who can do great things for God?**
- **What does it take to do great things for God?**

Have kids repeat the Key Verse together with you: **“I can do everything through him who gives me strength” (Philippians 4:13).**

Say: **David knew that God would help him, no matter what the situation. Bravely, David picked up one stone from his pouch, put it in his slingshot and said, “I come in the name of the Lord Almighty!” David ran to the battle line and shot the one stone from his slingshot, and the stone hit Goliath right between the eyes! Goliath fell to the ground with an enormous crash!**

Hang the “Goliath” poster on the wall at kids’ eye level. Set out a supply of scrap paper, and let kids make paper wads. Place the paper wads in a pile about 3 feet away from the poster.

Say: **David might have been a little scared to face a giant, but he knew that God would give him strength. Let’s play a game to help us remember that God will give us strength, too! Let’s pretend that these paper wads are things we’re afraid of.**

Have kids form a single-file line in front of the poster. Explain that each child will pick up a paper wad, say something he or she is afraid of, and throw the paper wad at the picture of Goliath. Then the child will pick up the paper wad just thrown, put it in the paper wad pile near the front of the line, and go to the back of the line. Play until each child has had one or two chances to throw a paper wad at the poster. Then have kids sit down.

Say: **God gave David the strength and courage to face Goliath, and David won the battle! Just as our Key Verse says, God gives us strength to do things for him.** Have kids repeat the Key Verse with you: **“I can do everything through him who gives me strength” (Philippians 4:13).**

Now let’s make pouches to keep our stones in as a reminder that God will give us strength, just as he did David.





Praise Pouches Supplies

paper plates
stapler
hole punch
yarn
markers
crayons
CD player

Teacher Pack

CD: "The
Strength I Need"
(Philippians 4:13)
(track 13)

Down With One Throw! Supplies

My Bible Fun
colored markers
crayons

3 WEAVING FAITH INTO LIFE

Praise Pouches

What You'll Do ■■■■■■

Give each child a paper plate. Set out markers, crayons, and a hole punch. Show kids how to fold the plates in half. Then help each child staple the two halves together to form a pouch, leaving an opening at the top. Finally, help each child punch a hole on either side of the pouch and attach a 3-foot length of yarn from side to side, creating a strap.

Encourage children to look at the words on the poster and write "I can do everything through him who gives me strength" on their pouches. Then let kids decorate their pouches. Play "The Strength I Need" (Philippians 4:13) (track 13 on the CD) as children work.

When everyone has finished decorating, have children put their straps over their heads and shoulders so that the straps run across their chests. Then have children put their cardboard stones inside their pouches. Gather the kids.

Talk With Kids ■■■■

Lead children in this discussion.

Ask:

- When might you need to turn to God when you're afraid?
- How can we show others that God helps us be strong and brave?

Say: **Just as God helped David beat Goliath, he'll help us with our giant fears, too. Remember what you wrote on your stones—those are all weapons that God gives us to help us. We can do great things for God, just as David did!**

Down With One Throw!

What You'll Do ■■■■■■

Set out crayons and colored markers. Have kids turn to the "With God's Help" activity in their My Bible Fun pages.

Say: **Today's Key Verse told us that we could do everything through God. Not just one thing, but everything! Think of one thing that you would like to do for God someday. Then, on the bottom of the page, draw a picture of yourself doing that great thing for God.**





Give children several minutes to draw. Then have kids form pairs and explain their drawings to their partners. Invite several volunteers to share their pictures with the rest of the class. Then gather kids in a circle, and lead them in repeating the Key Verse with you: **“I can do everything through him who gives me strength” (Philippians 4:13).**



4 LASTING IMPRESSIONS

Daily Challenges

What You'll Do

Say: **Let's think about how ► GOD CAN HELP US ALL DO GREAT THINGS.**

Have kids find this week's Daily Challenges on their My Bible Fun pages and choose one to do this week. They can choose one or more of these three options:

- **Tell a friend about a time God helped you do something great in your life.**
- **Say a prayer and tell God that you have faith in him. Ask him to do great things in your life!**
- **Ask your mom or dad to help you take a plate of cookies to a neighbor, and then tell your neighbor about your faith in God!**

Make sure you choose a Daily Challenge as well, and tell kids what you chose. Kids will be more inclined to follow through on their commitments when they see you doing the same.

Talk With Kids

Lead kids in this discussion.

Ask:

- **What's a practical way you're going to do your Daily Challenge? Include a time, a place, and other ideas.**

Say: **Just as God helped David, let's remember that ► GOD CAN HELP US ALL DO GREAT THINGS as we follow through on our Daily Challenges.**

Daily Challenges Supplies

My Bible Fun





Weaving Faith at Home

Encourage kids to talk with their parents about the Daily Challenges they chose and what they learned about how God can help us all do great things. Kids can also do the activities in the “HomeConnect” section of their My Bible Fun pages with their families.

Talk to your Director about emailing the FREE FamilyConnect to all your church’s families. Available at group.com/digital.

Say: Let’s all pray together that God will help us be brave and give us the strength to fight all the giants in our lives!

Pray: Dear God, thank you for giving us the strength to do great things for you. Help us to turn to you when we’re afraid. In Jesus’ name, amen.

